

AIYSC 2026: Session: 4: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: 07:30 until 08:20. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: De Punder Wout

Coaches: De Decker Tania HEADCOACH

Coaches: Muls Quinten

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 100M BACKSTROKE WOMEN 11+		Heat:12, starttime:
Heat: 12/23 Lane : 7 Athlete: ALLOING MYRTHE		Q-time: 01:17:99
PB (50m pool): 01:20.27 Antwerpen 14/07/2024		PB (25m pool): 01:15.74 SB: 01:24.38 Molenbeek 01/02/2026
	50 M	100 M
PB	no time	01:20.27
	<i>no time</i>	

Coach feedback:

Event number: 24: 100M BACKSTROKE WOMEN 11+		Heat:16, starttime:
Heat: 16/23 Lane : 2 Athlete: DESMET STERRE		Q-time: 01:15:76
PB (50m pool): 01:15.11 Antwerpen 21/07/2024		PB (25m pool): 01:12.72 SB: 01:15.76 Wezenberg 03/01/2026
	50 M	100 M
PB	no time	01:15.11
	<i>no time</i>	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11+		Heat:7, starttime:
Heat: 7/15 Lane : 3 Athlete: ADAM MAELINE		Q-time: 01:29:99
PB (50m pool): 01:32.61 Antwerpen 20/04/2025		PB (25m pool): 01:29.99 SB: 01:37.74 Molenbeek 01/02/2026
	50 M	100 M
PB	00:42.91	01:32.61
	<i>00:42.91</i>	<i>00:49.70</i>

Coach feedback:

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Event number: 26: 100M BREASTSTROKE WOMEN 11+			Heat:8, starttime:
Heat: 8/15 Lane : 8 Athlete: FERNANDEZ PEDRERA TARIK LAILA			Q-time: 01:29:12
PB (50m pool): 01:36.43 Woluwe-Saint-Pierre 16/03/2024			PB (25m pool): 01:29.12 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:36.43	
	<i>no time</i>		
	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11+			Heat:14, starttime:
Heat: 14/15 Lane : 8 Athlete: AMADOU CAMILLE			Q-time: 01:22:81
PB (50m pool): 01:22.81 Antwerpen 27/07/2025			PB (25m pool): 01:21.24 SB: 01:23.12 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	00:38.36	01:22.81	
	<i>00:38.36</i>	<i>00:44.45</i>	
	

Coach feedback:

Event number: 27: 400M FREESTYLE MEN 11-14						Heat:2, starttime:		
Heat: 2/3 Lane : 3 Athlete: CHABOTTIER LARGO						Q-time: 04:59:84		
PB (50m pool): 05:07.18 Antwerpen 21/07/2024						PB (25m pool): 04:59.84 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:07.18
	<i>no time</i>							

Coach feedback:

Event number: 29: 200M BUTTERFLY MEN 11+				Heat:1, starttime:
Heat: 1/3 Lane : 5 Athlete: DEHAEN FERRE				Q-time: 02:35:64
PB (50m pool): 02:41.07 Antwerpen 20/04/2025				PB (25m pool): 02:35.64 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:34.51	01:16.65	01:59.50	02:41.07
	<i>00:34.51</i>	<i>00:42.14</i>	<i>00:42.85</i>	<i>00:41.57</i>

Coach feedback:

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Event number: 31: 400M MEDLEY WOMEN 15+						Heat:1, starttime:		
Heat: 1/6 Lane : 6 Athlete: DESMET STERRE						Q-time: 99:99:99		
PB (50m pool): no time			PB (25m pool): 06:03.67 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							

Coach feedback: